herald

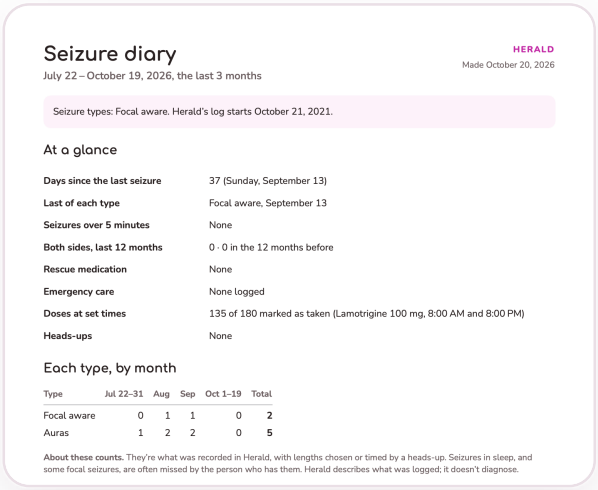
FOR NEUROLOGISTS AND EPILEPSY NURSES

What your patient's Herald report shows

Herald is a journal people with epilepsy keep for themselves, on iPhone, iPad, Apple Watch, Mac and Apple Vision Pro. When they choose, they bring you a report for a stretch of time. Herald describes what they logged. It doesn't diagnose, it gives no advice, and it isn't a medical device.

In the report

- Each seizure and aura: the date and local time, how long, the type in the patient's own words, awareness, rescue medication, any emergency care or injury, and recovery
- Counts for the period, written as sentences, never charts
- Daily check-ins: sleep, stress, energy and, if they log them, mood and their cycle
- Medications and doses taken or skipped, from Herald or from Apple Health
- Their own notes, and the questions they want to ask you, in their words
- Nothing interpreted: no patterns, scores or predictions go into the report



Seizure diary

July 22 – October 19, 2026, the last 3 months

HERALD

Made October 20, 2026

Seizure types: Focal aware. Herald's log starts October 21, 2021.

At a glance

Days since the last seizure	37 (Sunday, September 13)
Last of each type	Focal aware, September 13
Seizures over 5 minutes	None
Both sides, last 12 months	0 · 0 in the 12 months before
Rescue medication	None
Emergency care	None logged
Doses at set times	135 of 180 marked as taken (Lamotrigine 100 mg, 8:00 AM and 8:00 PM)
Heads-ups	None

Each type, by month

Type	Jul 22–31	Aug	Sep	Oct 1–19	Total
Focal aware	0	1	1	0	**2**
Auras	1	2	2	0	**5**

About these counts. They're what was recorded in Herald, with lengths chosen or timed by a heads-up. Seizures in sleep, and some focal seizures, are often missed by the person who has them. Herald describes what was logged; it doesn't diagnose.

The first page of a report, with made-up entries.

How it reaches you

The patient makes the report on their iPhone or iPad and shares it themselves: a PDF they print, email or AirDrop, or a spreadsheet of their whole log. Herald sends nothing to you or anyone else. There's no portal and no account, and Herald itself never sees the report.

What Herald never does

It doesn't detect or predict seizures, score risk, suggest doses or change anything about care. It reminds patients to talk with you before changing their care. Their seizure action plan comes as a PDF too, for school, work or a care home.

heraldjournal.app/clinicians

A question, or a correction to Herald's pages about epilepsy? Write to support@heraldjournal.app. Every page shows its sources and the date it was checked.

Herald is a journal, not a medical device and not an emergency service. Herald is made by Done Marketing, Inc. Apple, iPhone, iPad, Apple Watch, Mac and Apple Vision Pro are trademarks of Apple Inc., registered in the U.S. and other countries.